

Hand Striking

Cone Strikers

Standards:

- Hand Striking
- Cooperation

Equipment:

- Hula Hoops
- Poly Spots
- Gator Skin Balls
- Colored Cones
- Bean Bags
- Music

Students will pair up with another student and sit by a hula hoop. In front of the hula hoop, there will be a poly spot with a gator skin ball on top. Students will take turns striking the ball with their hand towards the cone. If they hit a cone, they will retrieve their ball and go to the basket with the bean bags to grab that color bean bag of the cone they hit.

