

National Standards Based Report Card - Kindergarten

Performance Indicators		Quarter			
		1	2	3	4
Standard 1: Demonstrate competence in a variety of motor skills and movement patterns.					
S1.E1 Hopping, galloping, running, sliding, skipping, leaping	Performs locomotor skills (hopping, galloping, running, sliding, skipping) while maintaining balance (S1.E1.K)				
S1.E2 Jogging, running					
S1.E3 Jumping and Landing, horizontal	Performs jumping and landing actions with balance. (S1.E3.K)				
S1.E4 Jumping and Landing, vertical	Performs jumping and landing actions with balance. (S1.E4.K)				
S1.E5 Dance	Performs locomotor skills in response to teacher-led creative dance. (S1.E5.K)				
S1.E6 Combinations					
S1.E7 Balance	Maintains momentary stillness on different bases of support. (S1.E7.Ka) Forms wide, narrow, curled, and twisted body shapes. (S1.E7.Kb)				
S1.E8 Weight Transfer					
S1.E9 Weight Transfer, rolling	Rolls sideways in a narrow body shape. (S1.E9.K)				
S1.E10 Curling and stretching; twisting and bending	Contrasts the actions of curling and stretching (S1.E10.K)				
S1.E11 Combinations					
S1.E12 Balance and Weight transfers					
S1.E13 Throwing underhand	Throws underhand with opposite foot forward. (S1.E13.K)				
S1.E14 Throwing overhand					
S1.E15 Passing with hands					
S1.E16 Catching	Drops a ball and catches it before it bounces twice. (S1.E16.Ka) Catches a large ball tossed by a skilled thrower. (S1.E16.Kb)				
S1.E17 Dribbling/ball control with hands	Dribbles a ball with 1 hand, attempting the second contact. (S1.E17.K)				
S1.E18 Dribbling/ball control with feet	Taps a ball using the inside of the foot, sending it forward. (S1.E18.K)				
S1.E19 Passing and receiving with feet					
S1.E20 Dribbling in combination					
S1.E21 Kicking	Kicks a stationary ball from a stationary position, demonstrating 2 of the 5 elements of a mature kicking pattern (S1.E21.K)				
S1.E22 Volleying underhand	Volleys a light-weight object (balloon), sending it upward. (S1.E22.K)				
S1.E23 Volleying overhead					
S1.E24 Striking, short implement	Strikes a light-weight object with a paddle or short-handled racket. (S1.E24.K)				
S1.E25 Striking, long implement					
S1.E26 In combination with locomotor					
S1.E27 Jumping rope	Executes a single jump with self-turned rope. (S1.E27.Ka) Jumps a ling rope with teacher-assisted turning. (S1.E27.Kb)				
Standard 2 - Applies knowledge of concepts, principles, strategies and tactics related to movement and performance.					
S2.E1 Space	Differentiates between movement in personal (self-space) and general space. (S2.E1.Ka) Moves in personal space to a rhythm. (S2.E1.Kb)				
S2.E2 Pathways, shapes, levels	Travels in 3 different pathways. (S2.E1.K)				
S2.E3 Speed, direction, force	Travels in general space with different speeds. (S2.E3.K)				
S2.E4 Alignment and muscular tention					
S2.E5 Strategies and tactics					
Standard 3 - Demonstrates the knowledge and skills to achieve and maintain a health-enhancing level of physical activity and fitness.					
S3.E1 Physical Activity Knowledge	Identifies active-play opportunities outside physical education class. (S3.E1.K)				
S3.E2 Engages in Physical Activity	Actively participates in physical education class. (S3.E2.K)				
S3.E3 Fitness Knowledge	Recognizes that when you move fast, your heart beats faster and your breathe faster. (S3.E3.K)				
S3.E4					
S3.E5 Assessment and Program Planning					
S3.E6 Nutrition	Recognizes that food provides energy for physical activity. (S3.E6.K)				

Standard 4 - Exhibits responsible personal and social behavior that respects self and others.					
S4.E1 Personal Responsibility	Follows directions in group settings(e.g., safe behaviors, following rules, taking turns). (S4.E1.K)				
S4.E2 Personal Responsibility	Acknowledges responsibility for behavior when prompted. (S4.E2.K)				
S4.E3 Accepting Feedback	Follows instruction/directions when prompted. (S4.E3.K)				
S4.E4 Working with Others	Shares equipment and space with others. (S4.E4.K)				
S4.E5 Rules and Etiquette	Recognizes the established protocols for class activities. (S4.E5.K)				
S4.E6 Safety	Follows teacher directions for safe participation and proper use of equipment with minimal reminders. (S4.E6.K)				
Standard 5 - Recognizes the value of physical activity for health, enjoyment, challenge, self-expression, and/or social interaction.					
S5.E1 Health	Recognizes that physical activity is important for good health. (S5.E1.K)				
S5.E2 Challenge	Acknowledges that some physical activities are challenging/difficult. (S5.E2.K)				
S5.E3 Self-expression and Enjoyment	Identifies physical activities that are enjoyable. (S5.E3.Ka) Discusses the enjoyment of playing with friends. (S4.E4.Kb)				
S5.E4 Social interaction					

Rating Scale for Achievement Standards

- 4 EXCEEDS expectation of grade-level indicator
- 3 MEETS expectation of grade-level indicator
- 2 PROGRESSING toward expectation of grade-level indicator
- 1 LIMITED PROGRESS toward expectation of grade-level indicator
- Not assessed as this time