

Short-Handled Implements

Paddle Strikers

Standards:

- Striking, Short Implement S1.E24
- Cooperation S4.E4
- Underhand Throw S1. E13
- Catching S1.E16

Equipment:

- Paddles
- Yarn Balls
- Whiffle Balls
- Green Poly Spots
- Music

Students will be divided up into 3 groups, Yarn Ball Side, Whiffle Ball Side, Paddles. The paddle partners will star on 1 side of the gym and stand in front of a partner on a spot. The partner with a ball will toss it underhand to partner with paddle. The partner with the paddle will strike it back softly so they can catch it. If partner on spot catches it, both partners get a point. The partner with the paddle will then go to the other side and do the same with a different partner. Partners with the paddles will have 1 minute to see how many points they can get. After 1 minute, paddle partners will switch with a partner with a ball. Next round, paddle partners will switch with the 3rd partner.

