

National Standards Based Report Card - 2nd Grade

		Quarter			
		1	2	3	4
Performance Indicators					
Standard 1: Demonstrate competence in a variety of motor skills and movement patterns.					
S1.E1 Hopping, galloping, running, sliding, skipping, leaping	Skips using a mature pattern. (S1.E1.2)				
S1.E2 Jogging, running	Runs with a mature pattern. (S1.E2.2a) Travels showing differentiation between jogging and sprinting. (S1.E2.2b)				
S1.E3 Jumping and Landing, horizontal	Demonstrates 4 of the 5 critical elements for jumping and landing in a horizontal plane using a variety of 1 and 2 foot take-offs and landings. (S1.E3.2)				
S1.E4 Jumping and Landing, vertical	Demonstrates 4 of the 5 critical elements for jumping and landing in a vertical plane. (S1.E4.2)				
S1.E5 Dance	Performs a teacher-and/or student-designed rhythmic activity with correct response to simple rhythms. (S1.E5.2)				
S1.E6 Combinations					
S1.E7 Balance	Balances on different bases of support, combining levels and shapes. (S1.E7.2a) Balances in an inverted position with stillness and supportive base. (S1.E7.2b)				
S1.E8 Weight Transfer	Transfers weight from feet to different body parts/bases of support for balance and/or travel. (S1.E8.2)				
S1.E9 Weight Transfer, rolling	Rolls in different directions with either a narrow or curled body shape. (S1.E9.2)				
S1.E10 Curling and stretching; twisting and bending	Differentiates among twisting, curling, bending, and stretching actions. (S1.E10.2)				
S1.E11 Combinations	Combines balances and transfers into a 3-part sequence (i.e., dance, gymnastics). (S1.E11.2)				
S1.E12 Balance and Weight transfers					
S1.E13 Throwing underhand	Throws underhand using a mature pattern. (S1.E13.2)				
S1.E14 Throwing overhand	Throws overhand demonstrating 2 of the 5 critical elements of a mature pattern. (S1.E14.2)				
S1.E15 Passing with hands					
S1.E16 Catching	Catches a self-tossed or well-thrown large ball with hands, not trapping or cradling against the body. (S1.E16.2)				
S1.E17 Dribbling/ball control with hands	Dribbles in self-space with preferred hand demonstrating a mature pattern. (S1.E17.2a) Dribbles using the preferred hand while walking in general space. (S1.E17.2b)				
S1.E18 Dribbling/ball control with feet	Dribbles with the feet in general space with control of ball and body. (S1.E18.2)				
S1.E19 Passing and receiving with feet					
S1.E20 Dribbling in combination					
S1.E21 Kicking	Uses a continuous running approach and kicks a moving ball, demonstrating 3 of the 5 critical elements of a mature pattern. (S1.E21.2)				
S1.E22 Volleying underhand	Volleys an object upward with consecutive hits. (S1.E22.2)				
S1.E23 Volleying overhead					
S1.E24 Striking, short implement	Strikes an object upward with a short-handled implement, using consecutive hits. (S1.E24.2)				
S1.E25 Striking, long implement	Strikes a ball off a tee or cone with a bat using correct grip and side orientation/proper body orientation. (S1.E25.2)				
S1.E26 In combination with locomotor					
S1.E27 Jumping rope	Jumps a self-turned rope consecutively forward and backward with a mature pattern. (S1.E27.2a) Jumps a long rope 5 times consecutively with student turners. (S1.E27.2b)				
Standard 2 - Applies knowledge of concepts, principles, strategies and tactics related to movement and performance.					
S2.E1 Space	Combines locomotors skills in general space to a rhythm. (S2.E1.2)				
S2.E2 Pathways, shapes, levels	Combines shapes, levels, and pathways into simple travel, dance and gymnastics sequences. (S2.E2.2)				
S2.E3 Speed, direction, force	Varies time and force with gradual increases and decreases. (S2.E3.2)				
S2.E4 Alignment and muscular tension					
S2.E5 Strategies and tactics					
Standard 3 - Demonstrates the knowledge and skills to achieve and maintain a health-enhancing level of physical activity and fitness.					
S3.E1 Physical Activity Knowledge	Describes large-motor and/or manipulative physical activities for participation outside physical education class (e.g., before and after school, at home, at the park, with friends, with the family). (S3.E1.2)				
S3.E2 Engages in Physical Activity	Actively engages in physical education class in response to instruction and practice. (S3.E2.2)				
S3.E3 Fitness Knowledge	Recognizes the use of the body as resistance (e.g., hold body in plank position, animal walks) for developing strength. (S3.E3.2a) Identifies physical activities that contribute to fitness. (S3.E3.2b)				
S3.E4 Fitness Knowledge					
S3.E5 Assessment and Program Planning					

S3.E6 Nutrition	Recognizes the "good health balance" of nutrition and physical activity. (S3.E6.2)				
Standard 4 - Exhibits responsible personal and social behavior that respects self and others.					
S4.E1 Personal Responsibility	Practice skill with minimal teacher prompting. (S4.E1.2)				
S4.E2 Personal Responsibility	Accepts responsibility for class protocols with behavior and performance actions. (S4.E2.2)				
S4.E3 Accepting Feedback	Accepts specific feedback from the teacher. (S4.E3.2)				
S4.E4 Working with Others	Works independently with other in partner environments. (S4.E4.2)				
S4.E5 Rules and Etiquette	Recognizes the role of rules and etiquette in teacher-designed physical activities. (S4.E5.2)				
S4.E6 Safety	Works independently and safely in physical education. (S4.E6.2a) Works safely with physical education equipment. (S4.E6.2b)				
Standard 5 - Recognizes the value of physical activity for health, enjoyment, challenge, self-expression, and/or social interaction.					
S5.E1 Health	Recognizes the value of "good health balance." (Refer to S3.E6.2)				
S5.E2 Challenge	Compares physical activities that bring confidence and challenge. (S5.E2.2)				
S5.E3 Self-Expression and Enjoyment	Identifies physical activities that provide self-expression (e.g., dance, gymnastics routines, practice tasks in game environments). (S5.E3.2)				
S5.E4 Social interaction					

Rating Scale for Achievement Standards

- 4 EXCEEDS expectation of grade-level indicator
- 3 MEETS expectation of grade-level indicator
- 2 PROGRESSING toward expectation of grade-level indicator
- 1 LIMITED PROGRESS toward expectation of grade-level indicator
- Not assessed as this time