

## Underhand Tossing / Catching

# Tic Tac Toss

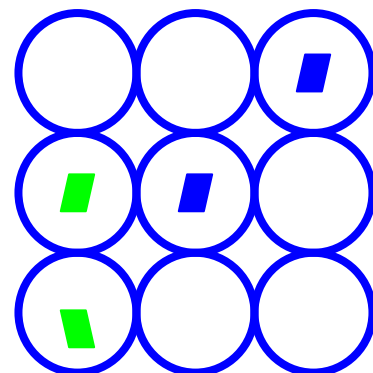
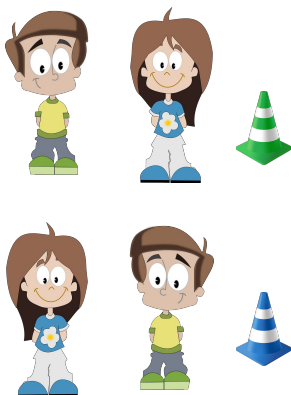
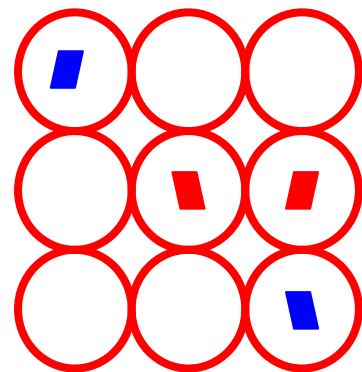
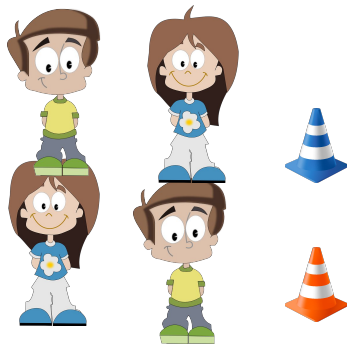
### Standards:

- Underhand Tossing S1.E13
- Catching
- Cooperation S4.E4

### Equipment:

- Bean Bags
- Hula Hoops
- Colored Cones
- Music

Students will be broken up into 6 teams, each behind a colored cone, with 5 of their team's colored bean bags. 9 hula hoops will be placed out in front of the 2 teams in the same of a tic-tac-toe board. One team will go first and then the other, teams will take turns. The first person in the first team will go to a hula hoop without a bean bag in it and stand. Their teammate will toss the bean bag underhand so they can try and catch it. If they catch it with both feet in the hula hoop, they place the bean bag inside of that hula hoop. If they do not catch it, they pick it up and take it back to their team. It is not the other team's turn to go out and try to catch the bean bag in a hula hoop. Teams keep taking turns until either a team gets 3 in a row, or all the hoops are filled and no team won that round.



Inspired by:

Grade Levels:  
3rd, 4th, 5th, 6th

Sheet by: Matthew Holben  
@holben\_pe